

NJ FamilyCare Peer Recovery Support Services for Substance Use Disorder

NJ Division of Medical Assistance and Health
Services in Partnership with the NJ Division
of Mental Health and Addiction Services

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Medicaid Authority

The New Jersey 1115 Substance Use Disorder (SUD) Waiver included peer recovery support services to be implemented under State Plan Amendment.

Waiver goals for peer services:

- support NJ FamilyCare beneficiaries through out the continuum of care,
- improve transitions between levels of care,
- implement strategies to address opioid abuse and opioid use disorder, and
- reduce opioid related deaths.

Implementation

- NJ FamilyCare Providers of SUD treatment can be reimbursed for peer support services effective July 1, 2019.
- Consistent with all services billed under NJ FamilyCare, States utilizing peer support services must comply with all Federal Medicaid regulations and policy.

Certified Peer Recovery Specialist Definition

- Certified peer recovery specialists are individuals with lived experience who have been successful in the recovery process who support others experiencing similar situations.
- They provide non-clinical, strength-based assistance to support long-term recovery from substance use disorders.
- Through shared understanding, respect, and mutual empowerment, certified peer recovery specialists help individuals to initiate and stay engaged in the recovery process and reduce the likelihood of a return to substance use.

**Lived experience is defined as having knowledge of substance use disorders or mental illness gained through direct, personal experience with success in their own recovery process.*

Certified Peer Recovery Specialist Functions

Certified peer recovery specialists function in a wide range of activities that include but are not limited to:

- being a positive role model
- sharing experiential knowledge, hope, and skills
- empathizing and self-disclosing past substance misuse history
- sharing resources to build community and relationships
- leading non-clinical recovery workshops
- mentoring and assisting the individual with problem solving, goal setting, and skill building
- advocating for people in recovery.

Certified Peer Recovery Specialist Functions *(continued)*

- reinforcing, guiding, and ensuring that recovery is possible and is built on multiple strengths, coping abilities, and the resources of the individual
- initiating the peer's interest in treatment services, recovery programs, services, and resources
- reaching out to family, friends, treatment teams, or other key stakeholders
- providing and supporting linkages to specialty services

NJ Required Training and Certification

- For NJ FamilyCare reimbursement, certified peer recovery specialists shall have the required training and certification, and be employed by a NJ FamilyCare provider agency.
- Certification as Certified Peer Recovery Specialist (Addiction Professionals Certification Board, NJ) or,
- Certification as National Peer Recovery Support Specialist (NADACC).

**Some New Jersey state funded initiatives require the Division of Mental Health and Addiction Services sponsored trainings.*

Certified Peer Recovery Specialist - CPRS

Addiction Professionals Certification Board, NJ

- High school diploma or GED
- 500 hours of peer recovery or volunteer work
- 46 hours of pre-approved recovery focused training in the core areas of advocacy, mentoring and education, ethical responsibility, and recovery/wellness support
- 500 work hours in a pre-approved facility within the past 2 years
- Completion of pre-approved 25 hours supervised practicum
- IC&RC exam passing score (exempt until June 30, 2019)

National Certified Peer Recovery Support Specialist - NCPRSS

NAADAC, The Association for Addiction Professionals

- High school diploma or GED
- 60 contact hours of peer recovery-focused education or training
- 200 hours of fulltime direct practice experience (volunteer or paid)
- NCPRSS examination passing score (exempt until June 30, 2019)
- Two years' recovery (self-attestation)

Continuing Education

CPRS

- Re-certification is required every 2 years
- 20 hours in any of the four domains of peer recovery: advocacy, ethic responsibility, mentoring and education, recovery/wellness support

NCPRSS

- 20 hours of continuing education every 2 years, including 6 hours of ethics
- Submission of a signed statement that the candidate has read and adheres to the NAADAC/NCC AP Peer Recovery Support Specialist Code of Ethics.
- Provide work history for the two years prior to renewal
- Self-attestation of ongoing recovery from substance use/co-occurring mental health disorders

State and Medicaid Certification Timeline

- All peer recovery support specialists employed by agencies contracted with the State of New Jersey Division of Mental Health and Addiction Services and NJ FamilyCare to provide SUD recovery support services will be required to obtain certification by July 1, 2020

Plan of Care

- As per the Centers for Medicare & Medicaid Services (CMS) any NJ FamilyCare funded services must be coordinated within the context of a treatment plan.
- SUD treatment plan requirements can be found in N.J.A.C. 10:161A and N.J.A.C. 10:161B for NJ FamilyCare SUD independent clinics.
- Regulation for other NJ FamilyCare provider types will remain consistent and will be regulated following State Plan Amendment.
- New Jersey recommends a person-centered planning process that includes the participation of the individual.

Documentation

N.J.A.C. 10:66-1.6 Recordkeeping

(a) An individual record shall be prepared and retained by an independent clinic that fully discloses the kind and extent of the service provided to a NJ FamilyCare fee-for-service beneficiary, as well as the medical necessity for the service.

(b) At a minimum, a beneficiary's record shall include a progress note for each visit which supports the procedure code(s) billed.

- Regulation for other NJ FamilyCare provider types will remain consistent and will be regulated following State Plan Amendment.

Licensed Clinical Supervision

NJ FamilyCare covered peer support services, require supervision be provided by a licensed, competent behavioral health professional that includes a:

- Licensed Clinical Alcohol and Drug Counselor (LCADC), or
- Licensed Professional Counselor (LPC), or
- Licensed Clinical Social Worker (LCSW), or
- Licensed Marriage and Family Therapist (LMFT), or
- Licensed Psychologist, or
- Advanced Practice Nurse

Peer supervisors will use peer core competences to appraise peer workers' job performance and set goals for continued development.

Licensed Clinical Supervision *(continued)*

The supervisor must possess:

- a minimum of three (3) years of supervisory experience with substance use and/or co-occurring disorders experience
- three (3) years of supervisory experience
- completion of peer supervision training and credentialing
- lived-experience preferred.

NJ FamilyCare Procedure Codes

<p><u>SUD Continuum Provider:</u> Medicaid SUD Treatment Providers</p>	<p>Self-help/peer services 15 minute unit of service</p>	<p>Individual (face-to-face) H0038 HF \$16.62</p>
<p><u>OORP Provider:</u> <i>This procedure code and rate only applies to OORP's contracted with NJ Division of MH and Addictions Services.</i></p>	<p>Self-help/peer services 1 unit = episode of care</p>	<p>H0038 HF X3 Final rate pending approval Rate includes face-to-face ED or Hospital service by Peer, Navigation service, Recovery/Care plan, and follow ups as per OORP RFP.</p>

Rate Comparison

- Rhode Island Rates: \$13.50 per 15 minutes for adult mental health and SUD services
- Minnesota Rates: \$15.02 per 15 minutes for adult and adolescent SUD services (complexity = addiction only, basic rate)
- Delaware Rates = \$14.75 per 15 minutes for SUD services

References

BRSS TACS Bringing Recovery Supports To Scale, Technical Assistance Center Strategy. (2018). Frequently asked questions for peer workers. Retrieved <https://www.samhsa.gov/brss-tacs/recovery-support-tools/peers/core-competencies-peer-workers-behavioral-health-services/frequently-asked-questions>

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Division of Mental Health and Addiction Services, Professional Advisory Committee (PAC) Recovery Support Services Workgroup. (2018, Dec.). Report.

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Questions

